

Ketogenic Diet Cookbook Diabetes Ketogenic

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Ketogenic diet - Wikipedia The ketogenic diet is a high-fat, adequate-protein, low-carbohydrate diet that in medicine is used primarily to treat difficult-to-control (refractory) epilepsy in. 365 Days of Ketogenic Diet Recipes: (Ketogenic, Ketogenic ... Amazon.com: 365 Days of Ketogenic Diet Recipes: (Ketogenic, Ketogenic Diet, Ketogenic Cookbook, Keto, For Beginners, Kitchen, Cooking, Diet Plan, Cleanse, Healthy. Why I Chose a Ketogenic Diet For Diabetes Management I am a retired physician living with Type 1 diabetes since 1998. I follow a ketogenic diet for diabetes management, and maintain nutritional ketosis. I participate in.

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